

Prevention Starts with a Look

Conduct daily skin checks. Look at all areas, not just those with little or no sensation.



Control moisture.



Avoid pressure.



Eat right and drink enough fluids.

Act quickly if you see areas of redness.



Did You Look?

Healthy Skin Starts with You!

Signs of Trouble



A reddened area of the skin that does not fade after 15 minutes.



Skin that is swollen, red, and hot for longer than 15 minutes.



Blisters, open areas on the skin, scrapes, or draining wounds.



A black leathery area.



Equipment that doesn't fit or needs repair.



If you notice any of these, call your clinic team immediately.

