



# What to Expect at Children's Hospital's Surgery Center

The following photos were taken from a video filmed in 2019, before the COVID-19 pandemic.



The patient elevators are located on the second floor. I will ride the patient elevators up to the third floor where the surgery center is located. This is the butterfly garden next to the patient elevators.



This is the third floor waiting room, which is where children and their family members wait until it is time for their procedure.



I will check in at the check-in desk when I arrive.



A staff member will call my name when it is my turn. While I am waiting, it is okay to read my favorite book or play with my favorite toy I brought from home.

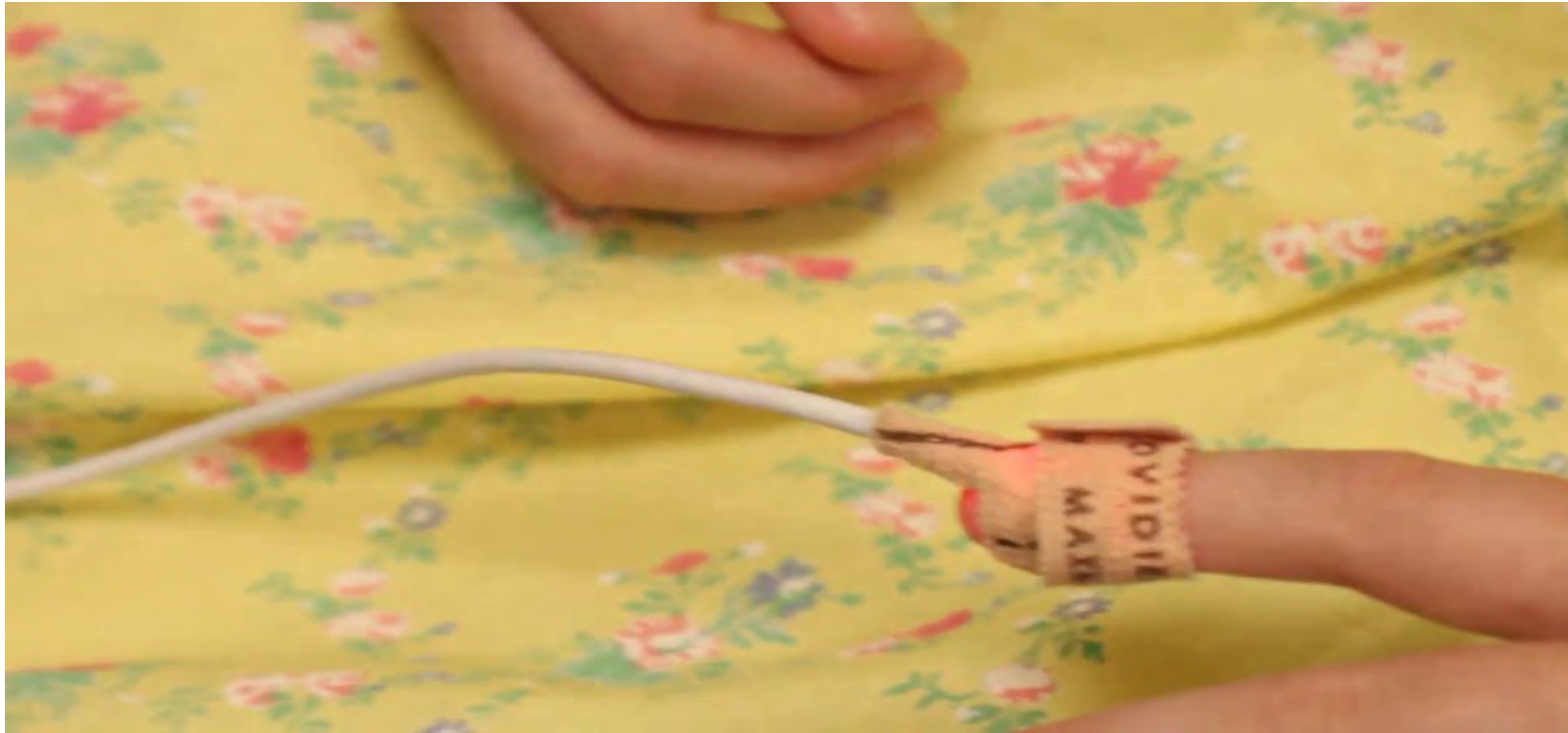


The staff member will measure how tall I am and how much I weigh.



They will listen to my heart.





I will get a sticky band-aid that lights up on my finger called a “pulse ox.”



Next, the staff member will put a band around my arm called a blood pressure cuff. It will give my arm a squeeze.



I will also get my temperature checked.



The staff member will take me to a “holding room,” or waiting room until it is time for my procedure.



I will meet my nurse, doctor, child life specialist, and other helpers that will be taking care of me today.



They will teach me about anesthesia. Anesthesia is a big word for sleep medicine.



I can get this sleep medicine by breathing in an anesthesia mask or through a tiny bendy straw called an IV. My medical team will talk to me and my caregiver about the safest option for my body to get the sleep medicine.



A child life specialist can help me pick a Chapstick smell for my anesthesia mask and practice taking deep breaths. They can also show me pictures of things I will see.





When it is time for my procedure, my medical team will read my name bracelet and ask me to say my name and birthday one more time.



I will say “see you later” to my family. Then, I will ride the bed to the procedure room.



My medical team will be with me in the procedure room. I will never be alone.



They will put stickers on my chest so that the doctors know how my heart is beating and my body is breathing. After, I will breathe in the sleep medicine to help my body sleep during the procedure.



When the doctors are done with my procedure, I will wake up in the recovery room. My family will meet me there.



My job in the recovery room is to tell my nurses and my family members how I feel and what I need. I can choose a drink or a popsicle while I am there.



When it is time to leave the hospital, a staff member will take me outside in a wheelchair.

# Questions

If you have questions, here are some people you can contact:

- Preoperative Assessment and Teaching for Children's Hospital (PATCH) Clinic: (615) 936-1840
- Child Life Services: (615) 936-4575

Our job is to help prepare your child and set them up for success when they are here for their surgery. If there is something we can do to make your day easier, please do not hesitate to reach out!