



Adult Volunteer Program

Guidelines

This program is geared for volunteers age 18 or older who are not enrolled as an undergraduate college student.

Time Commitment

- Once a week, same time each week
- Two to three hours per shift
- Minimum commitment of at least 48 volunteer hours (about six months)

How to Become a Volunteer

We have a multi-step process:

1. Review our volunteer onboarding timeline on our webpage to see when the application will next be available.
2. View our “Monroe Carell Volunteer Opportunities” PDF on our webpage, to learn what types of opportunities we offer for volunteers.
3. Complete an online volunteer application form during open application period.
4. Upon invitation, attend a volunteer **interview session**.
This does not guarantee placement
5. Complete **required steps** for new volunteers including immunizations, background check, and online training modules.
6. Complete a **unit-specific training**.
For some placements, this is scheduled on your first day of volunteering.
7. Receive your **start date & begin volunteering!**

Contact Information

Volunteer Services

Phone: (615) 322-2379

Email: childrenshospitalvolunteer@vumc.org

