

♥ Vanderbilt University Medical Center

Vanderbilt Bill Wilkerson Center Pediatric Feeding and Swallowing Disorders Program



3-Day Food Diary

Please list everything your child eats or drinks (including tube-feeds) for three days:

Example: Day 1

Formula - 4 oz.

Graham crackers - 2 bites

Baby Food (bananas) - 4 oz. jar

Juice - 2 ½ oz.

Macaroni and Cheese - 4 bites

Water - 5 oz.

Date:	Date:	Date:
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