

My Visit to the Clinic



in collaboration with Vanderbilt Kennedy Center



Soon I will be going to a doctor's visit at Vanderbilt. Some things might look and feel different than usual, and some will look and feel the same.



When we get there, we might park in a parking garage.
We might need to take an elevator in the parking garage.
There will be other families visiting Vanderbilt,
so we might need to wait our turn to ride the elevator.



Next, we will go in the door and stop at a table called a screening station. There will be workers at the screening station waiting to meet us. Their job is to check our temperatures and help us get to our appointment.



The workers at the table, and other people in the building, will be wearing masks over their mouths and noses. Some workers wear masks with bright colors or designs, and some wear masks that are blue, white, or yellow. Wearing masks can help us all stay healthy.



The adult with me will need to wear a mask. If they don't have one, the workers will give them one to wear while we are at Vanderbilt.



I can choose to bring my own mask from home, or the workers at the screening station will give me one. I can bring stickers and markers to help decorate my mask if I want. My mask can make me look like a hospital worker, an astronaut, a superhero, or my favorite animal – I get to choose!

The more I practice wearing the mask, the easier it will be to wear.



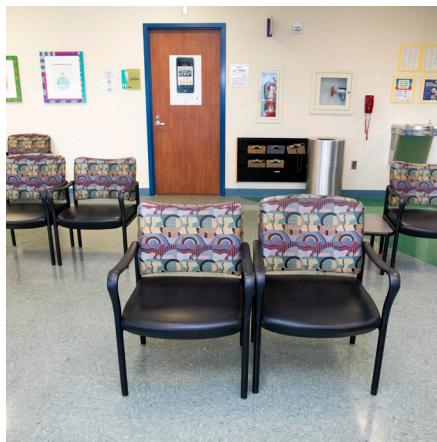
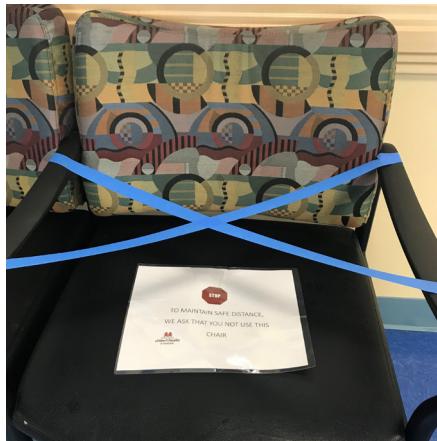
At the table, the workers will take our temperature. They might use a thermometer that they will hold over our foreheads. It will make a “beep” sound and tell the workers what my temperature is. The workers will also ask us if we have been feeling sick today.



We might get in the elevator to go the doctor's office. We might need to wait in line if there are too many people on the elevator. We might see special stickers on the floor to show us where we can stand while we wait. They look like footprints! We can also bring toys from home to help me play while we wait in line.



When we get off the elevator, we will see more workers. They might take my temperature again and ask us questions about feeling sick again.



My family and I will wait in the waiting room to see the doctor. There might be stickers on the floor and signs on the chairs to help us know where to sit. I can also play with my toys here while I am waiting. When it is our turn, we will move into another room called an exam room. That is the room where the doctor will come and visit us.



Once we leave Vanderbilt, if my adult says it is okay, I can take off my mask and save it for our next visit.