My Visit to the Clinic

in collaboration with Vanderbilt Kennedy Center
Soon I will be going to a doctor’s visit at Vanderbilt.
When we get to the there, we might park in a parking garage. We might need to take an elevator in the parking garage. There will be other families visiting Vanderbilt, so we might need to wait our turn to ride the elevator.
Next, we will go in the door and stop at a table called a screening station. There will be workers at the screening station waiting to meet us.
The workers at the table, and other people in the building, will be wearing masks over their mouths and noses. Wearing masks can help us all stay healthy.
The adult with me will need to wear a mask. If they don’t have one, the workers will give them one to wear while we are at Vanderbilt.
I might need to wear a mask too.
The mask might feel different or uncomfortable on my face at first.
The more I practice wearing the mask, the easier it will be to wear.
At the table, the workers will take our temperature. They might use a thermometer that they will hold over our foreheads. It will make a “beep” sound. The workers will also ask us some questions.
We might get in the elevator to go the doctor’s office. We might need to wait in line if there are too many people on the elevator.
When we get off the elevator, we will see more workers. They might take our temperature and ask us questions again.
My family and I will wait in the waiting room to see the doctor. When it is our turn, we will move into another room called an exam room. That is the room where the doctor will come and visit us.
Once we leave Vanderbilt, if my adult says it is okay, I can take off my mask and save it for our next visit.