

# Community Food Resources



## Second Harvest Food Bank

Second Harvest has expanded their Emergency Food Box (EFB) sites. An EFB provides two to three days of staple food items based on the number of members in each household. During the pandemic, Davidson County residents can receive assistance as often as needed. Make sure to bring these with you:

- ID for all household members (driver's license, birth certificate, state-issued ID, etc.)
- Proof of address (piece of mail, bill, lease, etc.)

Additional information and to confirm pick up locations:

- [secondharvestmidtn.org/get-help/](https://secondharvestmidtn.org/get-help/)
- [thebranchofnashville.org/](https://thebranchofnashville.org/)

## Tennessee Statewide Resource Network

One of the easiest ways to get help is by dialing 2-1-1, Tennessee's community services help line. When you call, you'll get a real person, one who is trained to help you sort out your needs, and then give you phone numbers and addresses of the closest places where you can get help.

Families have commonly received help meeting the following needs through

**Tennessee 2-1-1:**

- Rent Assistance
- Food Resources
- Legal Services
- Clothing

**Visit [tn211.mycommunitypt.com](https://tn211.mycommunitypt.com)** for specific zip code information for you and your family.



# WIC (for children ages 0 to 4)

The Women, Infants and Children (WIC) Special Supplemental Food Program may be able to help you if you have a lower income and if you are pregnant, breastfeeding, or have small children. Please call ahead to make an appointment, Monday through Friday. There are 4 WIC locations in Davidson County:

**Lentz Public Health Center** (615) 340-5619  
2500 Charlotte Avenue  
Nashville, TN 37209

**East Nashville Public Health Center** (615) 862-6626  
1015 East Trinity Lane  
Nashville, TN 37216

**South Nashville WIC Nutrition Center** (615) 880-3210  
3718 Nolensville Road  
Nashville, TN 37211

**Woodbine Public Health Center** (615) 880-2299  
224 Oriol Avenue  
Nashville, TN 37210

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## Supplemental Nutrition Assistance Program (SNAP)

Families may apply for Supplemental Nutrition Assistance Program (SNAP) benefits at their local Department of Human Services county office or by applying on-line using the Family Assistance (FA) Online application.

**Family Assistance Service Center:**  
(615) 532-4000 (Nashville area)  
(866) 311-4287 (Toll free)

Visit [onedhs.tn.gov/](https://onedhs.tn.gov/) to apply for SNAP benefits or to learn more about this great program!

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## Aunt BERTHA: Connecting People and Programs

Find free or reduced cost services like medical care, food, job training, and more. Use your zip code to be connected to resources in your community!

Type in the search bar: [auntbertha.com](https://www.auntbertha.com)

